








Fishergate Summer Menu 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One	Option 1	Tomato & Vegetable Pasta with Garlic Bread 	Beef Burger in a Bun with Potato Wedges	Roast Pork, Stuffing Roast Potatoes & Gravy	Chinese Style Chicken Curry with Rice  	Breaded Fish with Chips & Tomato Sauce
	Option 2	Vegetable Enchiladas with New Potatoes	BBQ Quorn Fillet with Rice 	Broccoli & Cheese Pasta Bake 	Cheese & Tomato Pizza with Herby Potatoes	Vegan Mexican Roll with Chips & Tomato Sauce 
	Vegetables	Mexican Sweetcorn	Garden Peas Baked Beans	Cabbage Carrots	Green Beans Cauliflower	Peas Baked Beans
	Dessert	Carrot Cake with Custard	Fruity Muffin 	Orange Shortbread	Fruit Crumble with Custard	Peaches & Ice Cream
Or Yoghurt & Fresh Fruit available daily						

Week Two	Option 1	Macaroni Cheese	BBQ Chicken Pizza with Cajun Wedges 	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Beef Bolognese With Pasta  	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Vegetable Curry with Rice  	Vegan Burger in a Bun with Cajun Wedges 	Roast Quorn, Roast Potatoes, Stuffing, & Gravy 	Vegetable Mince Bolognese with Pasta 	Cheese Baguette with Chips
	Vegetables	Cauliflower Florets Peas	Sweetcorn Green Beans	Carrots Savoy Cabbage	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Custard 	Iced Chocolate Brownie	Oaty Cookie	Lemon Drizzle Cake with Custard	Mandarins & Ice Cream
Or Yoghurt & Fresh Fruit available daily						

Week Three	Option 1	Cheese & Tomato Pizza with Baby New Potatoes 	Beef Lasagne with Garlic Bread 	Roast Turkey, Stuffing, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish Fingers with Chips & Tomato Sauce
	Option 2	Lentil & Basil Puff Pastry, New Potatoes & Gravy 	Vegetable Lasagne with Garlic Bread 	Cheese & Pepper Whirl with Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges 	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Peas Cauliflower	Broccoli Florets Sweetcorn	Carrots Swede	Sweetcorn Green Beans	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake with Custard	Fruity Shortbread	Chocolate Cake & Chocolate Sauce 	Pineapple Loaf with Custard	Jelly & Fruit
Or Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.